



## **SEX AND RELATIONSHIPS POLICY**

**Love; Learn; Aspire; Achieve**

### **OVERVIEW**

The school's approach and the content of its sex and relationships teaching will be differentiated appropriately to reflect the different ages and levels of maturity of the pupils being taught. In this school effective sex and relationship education is seen to be essential if young people are to make responsible and well informed decisions about their lives. It will be firmly rooted within PSHE and the curriculum. It will be part of lifelong learning about physical, moral and emotional development. It will be about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It will also be about the appropriate teaching about sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity.

### **OBJECTIVES**

1. To help and support young people through their physical, emotional and moral development.
2. To help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.
3. To help learners develop the skills and understanding they need to live confident, healthy and independent lives.
4. To help learners understand and deal with difficult moral and social questions.
5. To teach sensitively and when appropriate, about sex, sexuality, sexual health about the wide range of different relationships that people enjoy within society.
6. To help learners understand the importance of marriage for family life, stable and loving relationships, respect, love and care.

### **STRATEGIES**

1. The governing body and head teacher will involve parents in developing and reviewing our sex and relationship education policy to ensure that this policy reflects parents' wishes and the culture of the community we serve
2. Learners will be taught about the nature and importance of marriage for family life and bringing up children but also recognizing that there are strong and mutually supportive relationships outside marriage.
3. Learners will be taught the significance of marriage and stable relationships as key building blocks of community and society.
4. Care will be taken to ensure that there is no stigmatisation of children based on their home circumstances.
5. Learners will be given accurate information and helped to develop skills to enable them to understand difference and respect themselves and others and for the purpose also of preventing and removing prejudice
6. Sex and relationship education will contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.
7. Sex and relationship education will not encourage early sexual experimentation. It should teach young people to understand human sexuality and to respect themselves and others.
8. It will enable young people to mature, to build up their confidence and self-esteem and understand the reasons for delaying sexual activity. It builds up knowledge and skills which are particularly important today because of the many different and conflicting pressures on young people.

9. There will be a graduated, age-appropriate programme of sex and relationship education. Teaching methods will take account of the developmental differences of children.

### **CONCLUSION**

Effective sex and relationship education will be achieved through a whole-school approach, which will ensure that the school's policy and educational programme is tailored to the age and the physical and emotional maturity of the children. Staff will be given appropriate training and support to carry out their work sensitively.

**This policy is due for review in 2024**